

## **Left Coast Events (pt ii) - Victoria & Islands - Dec 3 07**

Posted by

Wednesday, 05 December 2007 17:33 - Last Updated Wednesday, 05 December 2007 17:33

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### **Left Coast Events (pt ii) - Victoria & Islands - Dec 3 07**

1. VIVA (Vancouver Island Vegetarian Association) Events
2. Sacred Paths

contributions, considerations, concerns:

\* From: "Jane P. Brett" <[jbrett@shaw.ca](mailto:jbrett@shaw.ca)>

Just say "No" to War every Wednesday at noon with the Wednesday Peace Vigil. We are opposed to the idea that war solves anything. We know that war kills kids. Please come take a stand with us for any part of the hour at the Cenotaph at the Legislature some Wednesday soon (Belleville & Government). Meeting weekly since October 2001 when Canadian forces joined in support of the "humanitarian bombing" of Afghanistan. (Note: We no longer meet at 7:00 pm.)  
Jane Brett <[jbrett@shaw.ca](mailto:jbrett@shaw.ca)> 477-1944

\* From: "Bob Wilson" <[BWilson@heu.org](mailto:BWilson@heu.org)>

Attention all community members - We have some critical issues to talk about at Community to End All Homelessness meetings - Wednesdays at 7pm at Silver Threads/1740 Douglas St ( at Herald St).

\* From: Open Dharma <[opendharmabc@yahoo.com](mailto:opendharmabc@yahoo.com)>

Open Dharma weekly deep relaxation and meditation sessions continue on Wednesdays at 7 pm (sharp!) at the James Bay New Horizons Senior Centre, 234 Menzies (between Simcoe and Michigan). Mats are provided, but please bring a pillow and light blanket. Admission fee \$5. For

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more information, contact [OpenDharmaBC@yahoo.com](mailto:OpenDharmaBC@yahoo.com)

\* Falun Dafa (meditation) at Fernwood Community Centre, 1240 Gladstone, Wednesdays, 5-7 pm. Also, Saturdays and Sundays, 10-noon, across from Beacon Hill petting zoo - all winter. Free, everyone welcome. 995-1494, faluninfo.net

\* From: colleen deroache <[cderoache@hotmail.com](mailto:cderoache@hotmail.com)>

Parents of Apprehended Children support group meets every Friday from 1pm to 3pm at the Blanshard Community Center. Contact Colleen Deroache at 250-857-7404.

\* The Victoria Folk Music Society offers live music every Sunday night at 7:30 pm, 1110 Hillside. Info: <http://victoriafolkmusic.ca/>

\* Victoria's Food Not Bombs is searching for volunteers to help prepare, cook, and clean-up on Sundays. Serve your community, and eat good food. 383-5144 extension 1940.

\* From: [avp-news-admin@mailman.ca](mailto:avp-news-admin@mailman.ca)

Dec 4th - Memorial for the National Day for Remembrance & Action on Violence Against Women:

11:30 to 12:30 outside of Maclaurin (classes are cancelled at UVic)

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\* From: "Rita Dawson" <[landofno@telus.net](mailto:landofno@telus.net)>

I don't know where I was in 1986 when this song hit the airwaves...but, I've arrived now, that's for sure!

For all of us who are now "the voice" hoping to inspire others.

<http://www.youtube.com/watch?v=99P7TTvpO1g>

\* From: andy sinats <[andy@sinats.ca](mailto:andy@sinats.ca)>

Here is an Oglala Sioux perspective on grazing cattle that were brought over from Europe, and were not here, on the sacred sites and burial places of her people.

by Charmaine White Face [http://www.mikehudak.com/Videos/WhiteFace\\_hr.mov](http://www.mikehudak.com/Videos/WhiteFace_hr.mov)

\* from: [yargojoint@yahoo.ca](mailto:yargojoint@yahoo.ca)

I have just read and signed the petition: "Support the PAW Act - End Alaska's Aerial Hunting Program!"

<http://www.thepetitionsite.com/takeaction/477616584>

\* From: Joan <[jq3@shaw.ca](mailto:jq3@shaw.ca)>

Matas and Kilgour . China harvests organs

David Matas and David Kilgour, Citizen Special

Published: Wednesday, November 28, 2007

<http://www.canada.com/ottawacitizen/news/opinion/story.html?id=7cd6b2fa-2f14-4b5d-a2cf-b4>

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[e452545c0c&amp;k=75530](#)

\* From: [elklakefarm@yahoo.com](mailto:elklakefarm@yahoo.com)

"Taxman is latest farm pest"

<http://www.canada.com/victoriatimescolonist/columnists/story.html?id=763ca2f9-aa4b-4699-aa-d4-6c145209955a&amp;k=84165>

\* <http://www.poodwaddle.com/worldclock.swf>

\* thanks to everyone who returned their street newz surveys. i'll publish the results of that as soon as possible.

\* have you seen vancouver's 'olympic village'?

<http://youtube.com/watch?v=IEQ2CYqhBIA>

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### 1. VIVA (Vancouver Island Vegetarian Association) Events

Raw December potluck

Date and location to be confirmed

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See [http://viva-raw.seedwiki.com/wiki/viva-raw/elyse\\_nuff?wikiPageld=1200149](http://viva-raw.seedwiki.com/wiki/viva-raw/elyse_nuff?wikiPageld=1200149) for more information

Wed Dec 12th 6:30pm -

OrganicAthlete Victoria meeting, discuss plant-based nutrition for athletes! Side room at Green Cuisine, come at 6pm if you're getting food, meeting starts at 6:30! RSVP at <http://www.thevictoriavegan.com/contact/>

Wed Dec 19th 6:30pm -

Friends of Animals monthly meeting, discuss and plan local issues such as getting a ban on the horse drawn carriages, other vegan outreach, and The Victoria Vegan newsletter. RSVP at <http://www.thevictoriavegan.com/contact/>

Smile Cards

Our Thrifty's Smile Card program is ongoing until May 2008 (at least). If you have one of our original smile cards from 2006 you need to replace the card but they assure us this is the last time they need replacing. We get 5% of all purchases made with the cards. Please contact [veg@morethansolutions.com](mailto:veg@morethansolutions.com) if you would like a smile card, or ask for them at any VIVA event (if the organizer does not have any, ask anyway because it will remind them to bring some next time!)

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### Other announcements

Vegetarian family looking for full time care for ~2 year old twins.  
Will provide food. Ideally in Fernwood, Fairfield, Burnside/Gorge or  
anywhere in downtown area. Full-time M-F @ 7:30-5:30. Contact Heather at  
[bcgirl8@hotmail.com](mailto:bcgirl8@hotmail.com) or 250-386-0084

MoLe restuarant from December 1st onward have a dinner menu offering  
50% Living Food Options. New menu on Mo:Le's web site:  
<http://www.molerestaurant.ca/>

Latest VIVA-Raw newsletter

[http://viva-raw.seedwiki.com/wiki/viva-raw/newsletter\\_and\\_aloha\\_from\\_sarah\\_maria\\_-\\_november\\_15th?wikiPageld=1263512](http://viva-raw.seedwiki.com/wiki/viva-raw/newsletter_and_aloha_from_sarah_maria_-_november_15th?wikiPageld=1263512)

For animal rights activities and news, you can sign up to the Friends  
of Animals email list at <http://www.thevictoriavegan.com/>

In Duncan, for Living Food Potlucks and Events please contact Harry  
Mensink at (250)-732-0280 or [yappyhappyharry@yahoo.ca](mailto:yappyhappyharry@yahoo.ca)

From: Trevor Murdock <[tgmurdock@gmail.com](mailto:tgmurdock@gmail.com)>

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### 2. Sacred Paths