

Left Coast Events - Victoria & Islands - Aug 27 07

Posted by

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1. this week at the markets
2. Movie Monday - Aug 27, Sept 10th
3. Padre

1. this week at the markets

We have loads of local organic produce this week: the green stuff - pak choy, braising greens, salad greens, spinach, chard, kale; parsley and cilantro; filet beans; the rest - zucchini of all sizes and shapes; bunches of red beets; fingerling and white nugget potatoes; leeks and cooking onions; heirloom, roma and cherry tomatoes. We also have lots of organic stone fruit and apples from the interior.

Where on earth can you find all this wonderful organic produce? Well - we suggest you visit one of these markets.