

Healthy Mind, Body, Planet Tour

Posted by

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Healthy Mind, Body, Planet Tour

boilingfrog - June 15 - Calgary, AB - 7:00 pm - Kahanoff Centre - 1202 Centre Street S.E. June 20 - Edmonton, AB

- 7:00 pm - Stanley A. Milner Library, Theatre - 7 Sir Winston Churchill Square

Reminder: June 15/Calgary and June 20/Edmonton

- Healthy Mind, Body, Planet tour

Healthy Mind, Body, Planet is a cross-Canada multi-media tour, tabloid and documentary celebrating the most current information, analysis and inspiration related to mental, physical and planetary health. We will look at the reasons for the recent rise in depression, and at the myriad of treatments available, including pharmaceutical and holistic, within the context of Big-Pharma and corporate culture.

We are honouring the late Tooker Gomberg by concentrating on the role that mental illness and associated treatments played in his tragic death, and provide comprehensive information on sustainable activism as well as complementary and alternative treatments to sound mental health.

This presentation is a multi-media kaleidoscope of images, sounds, and stories critiquing our current state and offering direction for positive change. Participants will walk away motivated to influence their world with greater awareness and tools.

The tour presentations are complemented by a newspaper tabloid, websites, podcast/blogs (written, audio and video), and a video documentary.

Read the tabloid, listen and watch the the audio and video podcasts, read the blogs and media stories or get more tour information at <http://www.greenspiration.org>