

Apr 10 - 13 - Montreal, Killaloe, Ottawa - Healthy Mind, Body, Planet

Posted by

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Healthy Mind, Body, Planet is a cross-Canada multi-media tour, tabloid and documentary celebrating the most current information, analysis and inspiration related to mental, physical and planetary health. We will look at the reasons for the recent rise in depression, and at the myriad of treatments available, including pharmaceutical and holistic, within the context of Big-Pharma and corporate culture.

For more information and tour dates, please visit <http://www.greenspiration.org>

April 10 - Montreal, QC

-7 pm

-Alternatives, 2nd floor

-3720 Parc Ave.

April 12 - Killaloe, ON

-7pm

-Killaloe Seniors Friendship Centre

-12 Lake St.

April 13 - Ottawa, ON

-7 pm

-The Bronson Centre, Mac Hall

-211 Bronson Ave.

We will honor the late Tooker Gomberg by concentrating on the role that mental illness and associated treatments played in his tragic death, and provide comprehensive information on sustainable activism as well as complementary and alternative treatments to sound mental health.

This presentation is a multi-media kaleidoscope of images, sounds, and stories critiquing our current state and offering direction for positive change. Participants will walk away motivated to influence their world with greater awareness and tools.

The tour presentations will be complemented by a newspaper tabloid, websites, podcast/blogs (written, audio and video), and a video documentary.